

School prayers

Jesus, Jesus live in me so that everything I do is done by you.

Traditional prayers

The following traditional prayers should be introduced to the children so they become familiar with them as they progress through the school.

Foundation stage/key stage 1

- Sign of the cross
- Our Father
- Hail Mary
- Glory Be (from year 2)
- Morning Prayer
- Night Prayer
- Grace before meals
- Grace after meals
- Prayer to Guardian Angel (from year 1)
- Eternal rest (from year 2)
- Simple Act of Sorrow

Key stage 2

- as above for Key Stage 1
- The Angelus (from year 3)
- Act of Sorrow (from year 3)
- Prayer to Holy Spirit (from year 4)
- Hail Holy Queen (from year 5)
- The Memorare (year 6)

Prayers at Holy Family RC Primary School

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Our Father

Our Father who art in heaven, hallowed be Thy name; Thy Kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

The Hail Mary

Hail Mary, full of grace! The Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

The Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Morning Prayer (Reception and year 1)

My father in heaven I give you today, all that I think, do, or say, and I will join it with all that was done, by Jesus Christ your own dear son.

Morning Prayer (year 2)

Father in heaven, you love me; you're with me night and day. I want to love you always in all I do and say. I'll try to please you, Father. Bless me through the day. Amen.

Night Prayer

God, our Father, I come to say thank you for your love today. Thank you for my family, and all the friends you give to me. Guard me in the dark of night and in the morning send your light. Amen.

Grace before Meals

Bless us, O God, as we sit together. Bless the food we eat today. Bless the hands that made the food. Bless us O God. Amen.

Grace after Meals

Thank you, God, for the food we have eaten. Thank you, God, for all our friends. Thank you, God, for everything. Thank you, God. Amen.

Prayer to the Guardian Angel

Angel of God, my guardian dear, to whom God's love commits me here. Ever this night be at my side to light and guard, to rule and guide. Amen.

Eternal Rest

Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May they rest in peace. Amen.

Simple Act of Sorrow

I am sorry dear God, forgive me please do, I will try to be good because I love you.

Key stage 2

The prayers from Key Stage 1 and the following:

Act of Sorrow

O my God, because you are so good.
I am very sorry that I have sinned against you; and by the help of your
grace, I will not sin again. Amen.

The Angelus (12 o'clock in May)

V. The Angel of the Lord declared unto Mary.
R. And she conceived of the Holy Spirit.

Hail, Mary...

V. Behold the handmaid of the Lord.
R. Be it done unto me according to thy word.
Hail Mary...

V. And the Word was made flesh.
R. And dwelt among us.
Hail Mary...

V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

Let us pray.

Pour forth; we beseech you, O Lord, your grace into our hearts, that we,
to whom the incarnation of Christ, your Son, was made known by the
message of an angel, may by his passion and cross be brought to the
glory of his resurrection. Through the same Christ our Lord. Amen.

Prayer to the Holy Spirit (in Pentecost) (from year 4)

Holy Spirit, I want to do what is right. Help me. Holy Spirit, I want to live
like Jesus. Guide me. Holy Spirit, I want to pray like Jesus. Teach me.
Amen.

Hail Holy Queen Prayer (from year 5)

Hail, Holy Queen, Mother of Mercy, hail our life, our sweetness, and our hope!

To thee do we cry, poor banished children of Eve;
to thee do we send up our sighs, mourning and weeping in this vale of tears.

Turn then, O most gracious advocate, thine eyes of mercy toward us and after this our exile show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God... that we may be made worthy of the promises of Christ.

Let us pray: O God, whose only-begotten Son, by his life, death, and resurrection has purchased for us the rewards of eternal life, grant, we beseech you, that meditating on the Mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord.

Amen

The Memorare (year 6)

Remember, O most gracious Virgin Mary,
that never was it known that anyone who fled to your protection,
implored your help or sought your intercession was left unaided.
Inspired with this confidence, I fly unto you, Virgin of virgins, my Mother.
To you I come, before you I stand, sinful and sorrowful.
Mother of the Word Incarnate, despise not my petitions,
but in your mercy hear and answer me.
Amen.